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DATE: _____ TUNED BY: _____

SUSPENSION TUNING CARD

FORK MODEL & TRAVEL: _____

AIR PRESSURE / COIL SPRING RATE: _____

SAG: _____

VOLUME ADJUSTMENT / COIL PRELOAD: _____

COMPRESSION: _____

REBOUND: _____

SHOCK MODEL & TRAVEL: _____

AIR PRESSURE / COIL SPRING RATE: _____

SAG: _____

VOLUME ADJUSTMENT / COIL PRELOAD: _____

COMPRESSION: _____

LOW SPEED: _____

HIGH SPEED: _____

REBOUND: _____

LOW SPEED: _____

HIGH SPEED: _____

NEXT RECOMMENDED SERVICE: _____

<p>LAP 1</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 2</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 3</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 4</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 5</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>
<p>LAP 6</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 7</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 8</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 9</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>	<p>LAP 10</p> <p>Adjustments:</p> <p>Rider Feedback:</p> <p>Tuning Notes:</p>